



**Randall Brennan**  
**Equity Colorado**  
**303-909-2365**  
**theREnegotiator.com**

---

Volume 58

---

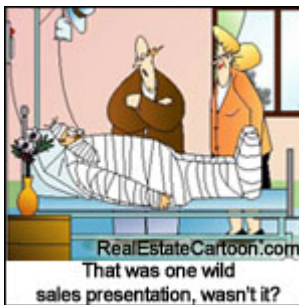
**Inside This Issue...**

How to make sure your indoor air is healthy.....1

Considering a pool, spa or hot tub?.....2

Small space solutions.....3

Black is 'In' .....4



**Fun Fact:**

There are approximately 1.06 billion instant messaging accounts worldwide.



Randall Brennan's

# NEWSLETTER

---

**How to make sure your indoor air is healthy**

ARA) - As soon as the temperatures warm up, you open up the doors and windows and let the "fresh" air in. Many people go on a cleaning spree, vacuuming, dusting and get rid of all the dust bunnies hiding under furniture. With a fresh, clean house, you assume you'll be breathing much easier.

Think again. Air pollution is a very serious concern indoors. The U.S. Environmental Protection Agency lists poor indoor air quality as one of the top five environmental threats. It also reports indoor air is three to five times more contaminated than outdoor air, on average.

Pollutants are then blown through your house five to seven times each day by your heating, ventilation and air conditioning system. And the cleaning you're doing? All those dust bunnies are just groupings of millions of little particles of dust, dander and pollen. When broken up, many of the particles go back into the air, circulate around through your house and once again collect under your sofa.

Here are some tips to keep the air you breathe inside as clean as possible include:

1. Install hardwood floors versus carpeting. Carpeting traps particles, and with every step you take across it, and those particles are released back into the air.
2. Regularly change your furnace filter - most experts recommend doing this every two months. This will help remove particles circulating through the air.
3. Have your heating and cooling system thoroughly cleaned. This is because dust and other air pollutants collect in the vents, and then are picked up by the air stream and blown back into the house.

NADCA recommends homeowners take off the cover of an air vent and look down the vent with a mirror and flashlight or a digital camera. If the ducts are covered with dust or debris, it's time for a heating and cooling system cleaning.

-Courtesy of ARA Content

## Word of the Month:

Studies have shown that your income and wealth is directly related to the depth of your Vocabulary. Here is this month's word so you can impress your friends.

### **mensch**

\mench *noun*:

1. A decent, upright, mature, and responsible person.

Example:

It's easy to be a mensch, his dad says. You honor your father and mother. You set your kids a good example, you don't lie or cheat or steal. And every once in a while, you gotta pick up the check.

-- Jane VanDenburgh,  
Physics of Sunset

### **Quotes to Live by:**

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

--By Mark Twain

### **Say What? A Blue Moon:**

A rare event or occurrence.

## Considering a pool, spa or hot tub? What you should know before you hire a contractor

(ARA) - Does your dream backyard include a lush lawn, lovely landscaping and - at the heart of the action - a pool, spa or hot tub? If so, you're not alone, and this might be your year to turn that dream into reality.

A recent survey by the Association of Pool & Spa Professionals (APSP) found that 82 percent of homeowners said they would use their backyard more if they had a pool, spa or hot tub. Nearly as many believe that adding one of those features would turn their backyard into an everyday vacation spot. The good news is that the right APSP certified professional can help make that backyard dream achievable and affordable. APSP offers insider tips to use when you call that special contractor to do the job.

\* Experience - Experience is more than just the number of years someone's been in business. Does the contractor you're considering have experience building pools or installing hot tubs in backyard environments similar to yours? Ask to see samples of past work and look for yards with conditions similar to yours, especially if your home or yard has unique challenges like slopes or drainage issues.

\* Cost - Has the contractor considered all factors in the cost estimate? Keep in mind factors that influence price go beyond just the size and shape of the installation; your contractor should also consider the quality of the materials, design, construction and installation time, durability and warranties into your cost estimate.

\* Safety - Safety is a key concern for pool, spa and hot tub owners. Is your contractor bonded, insured and versed in all applicable installation/building regulations and standards for your state and community? Does he or she understand any unique safety concerns you may have, such as the presence of a special needs child in the home or a high-traffic corner lot where your pool may be an attractive temptation to neighborhood children?

To find an APSP certified professional in your area, visit [www.APSP.org/memberlocator](http://www.APSP.org/memberlocator).

-Courtesy of ARA Content-

**Movie Trivia:** In Grease, what was Rizzo's real name?

- |          |          |
|----------|----------|
| a. Betty | b. Sally |
| c. Sandy | d. Jane  |

CALL ME NOW AT **303-909-2365**

**Would you like to know how much your neighbor's home listed for?**

Maybe you're just curious. Or maybe you want to know how much equity you have in your home. Or perhaps you are thinking of selling soon and want to know how much your home increased in value. Either way, I can help...No "sales pitches" or runarounds. Just give me a call **303-909-2365** and I will give you the facts.

**Economy at a Glance:**

Data Series	Mar 2012	Apr 201	May 2012
<a href="#"><u>Unemployment Rate</u></a>	8.2	8.1	8.2
<a href="#"><u>Change in Payroll Employment</u></a>	154	115	69
<a href="#"><u>Average Hourly Earnings</u></a>	23.37	23.38	23.41
<a href="#"><u>Consumer Price Index</u></a>	0.3	0.0	N/A
<a href="#"><u>Producer Price Index</u></a>	0.0	-0.2	N/A

Information from [http://www.bls.gov/eag/ea\\_g.us.htm](http://www.bls.gov/eag/ea_g.us.htm)

**US Population Clock**  
313,681,711  
**World Population Clock**  
7,018,017,000

-June 5, 2012

**Small space solutions for the kitchen**

(ARA) - Crowded cabinets, cluttered counters and nonexistent prep space. Sound familiar? For many homeowners, small kitchen spaces make everyday use and entertaining a source of frustration. While a small kitchen can pose many challenges, it doesn't have to stop you from enjoying the space. From a full scale home renovation to some simple and quick fixes, there are many options to help you realize your kitchen's full potential and transform it into a welcoming place where you'll want to spend time.

**Size up your space:** Before starting any project, big or small, evaluate the space and determine how you want it to work for you. Sometimes solutions for one issue can provide an answer for other challenges. For example, by adding a moveable island to create additional prep space, you've now also got an area for friends and family to gather when you entertain.

**Make a plan:** When you've decided on the scope of your project, it's time to determine what resources you'll need to make it happen. Online tools like Merillat's Step-By-Step Kitchen Planner can help you get an idea of what elements you're looking for and how they'll work in your space. Talking with a design professional can help you decide if you need additional support or if your project can be completed on your own.

**Get organized:** If you're remodeling, look for cabinets to help contain clutter and keep countertops clear. Storage solutions such as pull-out spice racks, in-drawer cutting boards, drawer organizers and dividers keep all your cooking utensils out of the way but close at hand, and can make life in the kitchen easier for everyday use and entertaining.

If a few quick fixes are all you can take on, have some fun with it by researching solutions in magazines, on design blogs or even through new resources like Pinterest. Additionally, look for creative ways to make the most of your cabinets and drawers by placing items close to where they'll be used. Have pots and pans, spices and utensils close to the stove. Put storage containers and dishes near the fridge or serving area. Make sure you put your most frequently used items in the most accessible places.

**Change the focus:** Whether it's an area to display your wine collection with a built-in storage option like those offered by Merillat Cabinets or showing off decorative dishes and family treasures with glass-front cabinetry, drawing attention to items that show your interests and personality will remove the focus from the actual size of your space.

-Courtesy of ARA Content-

## Food Fact:

-The peach is a member of the rose family and will have a sweet fragrance when ripe.

-Egg yolks are one of the few foods that naturally contain Vitamin D.

## Weird Laws:

*Alabama*- Bear wrestling matches are prohibited.

*Arizona*- There is a possible 25 years in prison for cutting down a cactus.

*Connecticut*- You can be stopped by the police for biking over 65 miles per hour.

*Georgia*- Persons under the age of 16 may not play pinball after 11:00 PM.

## U.S.A. Facts

-Hawaii is the only state that grows coffee.

-Maine sees the sunrise before any other state in U.S.

**And...**Whether you are thinking of buying, selling, or financing real estate, stop by and say "hi", I'd love to hear from you...

**Randall Brennan  
Equity RColorado  
303-909-2365**

References:-aracontent.com,  
copyright 1996-2009, ARAcontent-  
<http://www.bls.gov/eag/eag.us.htm>  
Google.com  
Usacitiesonline.com  
Dictionary.com

## Black is 'in' for up-to-date interiors

(ARA) - Love the way you feel after slipping into your little black dress, or donning a well-tailored black suit? Black is not only a great shade on you - it's also a great shade for your home. The stylish finish is especially perfect in the kitchen - and can be seen in everything from kitchen appliances to hardware, and now even faucets. Make your kitchen feel just as good as you do in your go-to outfit with the magic of black.

Appliance accents: Stainless steel appliances exude the aura of a high-end, professional kitchen. But the modern stainless appliance wouldn't be complete without rich, black accents. From ironwork grates and griddles on stainless stoves to refrigerators with black ice makers and handles, the combination of black and stainless conveys professionalism and power. Not in the market for new major appliances? This same feeling can be conveyed with smaller ticket items, from the coffee maker to the toaster oven.

A dramatic finish: The sink is, without a doubt, the most used area in the kitchen. From filling cups to washing dishes; rinsing fruits and vegetables to replenishing Fido's bowl, the sink is used dozens of times per day. That being said, it should be the first place we consider when it comes to decor, not just an afterthought. Since it's such a central area, why not give your sink a bit of character by adding a dramatic black faucet?

Sophisticated surfaces: Countertops play a large role in the function of a kitchen, setting the stage for food preparation, the use and display of everything from toasters to teapots, and activities from surfing the internet to entertaining guests. Black granite countertops can be a great addition to an already sophisticated kitchen. The options are far more extensive than basic black, ranging from midnight black to a more mixed shade, with secondary colors of grey, white, or even bolder hues, like sapphire.

Dramatic radiance: Light fixtures can often set the tone for the entire room, both by the light they give off and the look of the fixture. Create a new appearance for your kitchen and dining area by adding a bold choice in lighting. Chandeliers with vintage-style ironwork, strings of black glass or crystal beads, or even dramatic black prints, can be a beautiful accent to an elegant kitchen and tie the whole room together.

With just a few stylish, dark-hued accents, you can create a kitchen that stands out, instead of simply blending in.

-Courtesy of ARA Content-